



# New Medical Conditions

Construction work is inherently a high risk activity and any medical issues leading to dizziness, light headedness, loss of co-ordination, balance or consciousness could put your life and those of your work mates in jeopardy.

This risk is increased in the rail environment due to the possibility of rail traffic movements in the area.

**It is important that if you develop a new medical condition after your PTS medical you must report it to a member of the management team immediately.**

Examples of medical conditions that could cause safety problems are:

- Diabetes
- Epilepsy
- Vision/Hearing problems
- Heart Conditions
- Respiratory conditions such as asthma

The above list is not exhaustive therefore any medical condition that may have an adverse affect should be reported.

Medical information will be dealt with in the strictest of confidence and the company will not discriminate or penalise you in any way for having a medical condition.

It is possible to work as normal with a wide range of medical conditions but it is important that we are aware of them so that we can assess the risk and manage it effectively.

## **Prescription and ‘Over the Counter Medication’**

Also remember; all employees who undertake Safety Critical Work, who occupy key safety posts or hold a Sentinel Track Safety Card are required to report to their Manager or Supervisor their use of medication, which may affect their ability to undertake their normal duties.

Again this information will be dealt with in the strictest of confidence and you will not be discriminated or penalised in any way.